Flour Handprint Art

Outdoor Activity

You will need:

Flour

Sticks of equal length

Any natural found items

Sieve (optional)

The Activity

1. Use the sticks to make a square. This will be the frame for the artwork.
2. Ask the child to place their hand in the square and to keep it very still.
3. Sieve or scatter flour over and around the child's hand.
4. Carefully remove the child's hand and brush off the flour (away from the artwork). You should be left with an empty space where the child's hand was.
5. Allow the child to add any natural found items to their artwork, such as leaves and acorns.
6. You could ask some children to use their finger to write their initial or name in the flour.