



HUDDERSFIELD GRAMMAR SCHOOL POLICY
**PERSONAL, SOCIAL, HEALTH, and ECONOMIC
EDUCATION**

Whilst PSHEEE education remains a non-statutory subject, the National Curriculum framework document states that 'all schools should make provision for personal, social, health and economic education (PSHEE) drawing on good practice'.

Personal, Social, Health and Economic Education at Huddersfield Grammar School helps pupils to lead confident, healthy and responsible lives as individuals and as members of society. Pupils gain practical knowledge and skills to enable them to deal with some of the spiritual, moral, social and cultural issues they face as they approach adulthood.

The 'Every Child Matters' outcomes form the basis of the course contents.

The skills, attitudes and values, knowledge and understanding which contribute to the PSHEE & Citizenship curriculum are also developed in other curriculum areas. School assemblies, form tutor sessions, the planned PSHEE programme, the Curriculum Map, and the overall ethos of the school, ensure that all pupils are:

- Healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic wellbeing

Aims of PSHEEE & Citizenship at Huddersfield Grammar School:

- Provide the knowledge and understanding with which pupils can make informed decisions.
- Encourage discussion and active learning in school.
- Promote a sense of personal and social responsibility.
- Develop the sensitivities needed by young people to make appropriate moral judgements and choices about matters of concern to them and to others.
- Encourage young people and children to participate fully and effectively in the life of the community and in the institutions of society.

The PSHEEE & Citizenship curriculum is sub-divided into:

- Study Skills
- Health Issues
- Drugs Education
- Sex and Relationships Education
- Careers Education
- Economic Education
- Citizenship

There is a planned programme of PSHEEE taught by the Class Teacher and in school assemblies in the Early Years, Pre-Prep School and Prep Schools.

Tutor Groups in Years 7 and 8 have one timetabled PSHEE & Citizenship session each week.

Years 9, 10 and 11 receive PSHEE & Citizenship education through specially timetabled carousel events.

PSHEEE & Citizenship Methodology:

Cross-Curricular Teaching:

It is expected that some aspects of the PSHEEE & Citizenship programme will be delivered across the curriculum.

PSHEE & Citizenship lessons at Huddersfield Grammar School will involve a variety of approaches:

- Audio-Visual and Media Analysis
- Case studies
- Creative writing
- Discussion, Debate and Circle Time
- Drama and role play
- External contributors
- Group work
- Interactive ICT
- Mind mapping
- Peer education
- Questionnaires and Surveys
- Quizzes, competitions and structured games
- Research and analysis

Professionals and visitors with specialist knowledge and expertise should be employed to provide teaching in some aspects of the programme. This will permit occasions in which the timetable can be given over to specific PSHEE & Citizenship issues.

PSHEE should be delivered in partnership with the parents: one side reinforcing the message from the other. To this end, we hold parent evenings where we invite professional organisations to provide guidance to parents and staff, and information evenings providing parents with details of the PSHEE & Citizenship programme.

Year 11

Study Skills

Pupils should reflect on and evaluate their achievements and strengths in different areas of their lives.
Pupils should be aware of a wide range of Revision Techniques and the most appropriate methods for their own personalised learning

Mental Health Issues

Pupils examine mental health issues as they effect teenagers today and have an opportunity to attend a Stress & Anxiety workshop by specialist
Pupils explore different methods of dealing with Exam Stress
Discuss positive body image

Cancer

Pupils consider the impact of types of cancer, discuss the more common types of cancer breast and testicular cancer.
Discuss implications of death and grief on a teenager

Drugs & Alcohol

Pupils discuss issues relating to binge drinking and view 'alcosex' in the UK today
In studying teenage issues, discuss e-shish, shisha, e-cigarettes, legal highs, Cannabis and Skunk.

Sex & Relationships Conference

Pupils discuss moral issues relating to sexual activity, including FGM
Pupils discuss sexting and internet safety with regards to sexual images.
Pupils discuss issues relating to gender and sexuality; view FIT from Stonewall
Pupils discuss healthy relationships including arranged and enforced marriages, domestic violence

Careers

Year 11 students are involved in work experience and leadership experience
Year 11 students receive an introduction to Sixth Form Education, visits to local colleges as well as including speakers from local sixth form colleges.
Year 11 students are invited to attend business talks to look at employment today

Citizenship & British Values

Year 11 students develop an awareness of British Values

Year 11 students are encouraged to gain an understanding of the issues surrounding radicalisation in British society

Year 11 students are encouraged to consider how they can ensure that they stay safe in Britain; including knowledge of emergency and basic First Aid.

Year 11 students are encouraged to consider if they would like to become an organ donor and to understand the issues facing the NHS.

Year 11 Programme of Study

Pupils have a carousel each half-term as part of the PSHEE programme:

Study Skills

Critical Thinking

Exam revision

Year 11 Revision Workshop

Health Issues

Mental Health Issues

Dealing with Stress

A-Z of your Head (DVD)

Getting Stressed & How Can I Manage Stress

Charting your stress levels

Exam Stress

Teenage Cancer

Know Your Balls (DVD), Cancer trust website

Eating Disorders

Body Image

Eating Disorders talk

Drugs Education

Case Studies

Alcohol

The fix.com, livewell website on cannabis

Alcosex DVD

Sex & Relationships

A to Z of Love and Sex

Moral Issues

A-Z of Love and Sex (DVD)

FIT DVD, Reuter series of online clips

Careers Education

Personal Development Plan

Sixth Form Education

UCAS Progress and personal statement development

Where next? Are you ready for Sixth Form College

Advice for choosing A Levels

Citizenship

Online Safety & Acceptable Use Policy

British Values & Radicalisation

Being a Donor

East is East, Reuter series of online clips

Donor website/ Gift of life

Year 10

Study Skills

Pupils should reflect on and evaluate their achievements and strengths in different areas of their lives.
Pupils should be involved in critical thinking and lateral thinking exercises

Health Education

Not covered

Drugs

Pupils study 'The A to Z of Drugs' to understand the types and effects of drugs
Pupils study the effects of cannabis and discuss the legality of cannabis use in the UK
A case study experiment on the use of LSD should provide an insight into the mind altering effects of drugs use.
Pupils should understand the school rules as they relate to drugs abuse.

Sex & Relationships

Understanding how physical, mental , sexual and emotional health affects our lives.
Pupils discuss and explore the moral issues relating to sex.
Pupils should understand the different methods of contraception and their use in preventing both unwanted pregnancy and STIs.
Pupils should understand the different types of Sexually Transmitted Infections and how young people should respond to STIs.

Careers

Young people should be involved in thinking about their future career opportunities and the requirements of different employers
Work Experience
Pupils should be able to describe and demonstrate the enterprise skills, attitudes and qualities needed for employment

Citizenship & Economic Wellbeing

Pupils should understand and accept the Acceptable Use Policy for ICT within the school
Pupils are encouraged to look at what happens next in issues relating to health & safety planning and incidents
Pupils explore issues of personal finance in examining their own economic wellbeing
Pupils review a number of case studies in examining law & order issues, voting and electoral roles post 16.
Pupils should discuss and develop their knowledge of British values as they relate to government & politics in the UK
Pupils should understand and explore the roles of citizens and parliament in holding government and those in power to account
Pupils should explore the key concepts of democracy and justice in studying Law and Order

Year 10 Programme of Study

Pupils spend a carousel each half term looking at a PSHCE

Study Skills

Critical Thinking & Lateral Thinking Exercises

Revision Skills

Drugs education

The A to Z of Drugs

A-Z of Drugs (DVD)

Name That Drug

Cannabis

The Effects of Cannabis

Should Cannabis be legalised?

LSD

LSD (Activity)

Dance Drugs

Ecstasy & Amphetamine

Case Studies

Eaten alive by heroin; Mum kills baby in washing machine; etc...

Have you got a problem?

Drugs:

The School Rules: What will happen at HGS if...?

Sex & Relationships

Sex and morality

Sex: Is everybody doing it? Expectations about sex

How do I know when I'm ready for sex?

It's my party: What happens next? Risk; date rape

Sexually Transmitted Infections: STIs (Powerpoint)

Citizenship & Economic Wellbeing

Work experience – Kirklees and Calderdale

Business Studies Workshop – Huddersfield New College

Looking at the general election and the electoral system in the UK

Year 9

Study Skills

Pupils should reflect on and evaluate their achievements and strengths in different areas of their lives.

Health Issues

Pupils should understand the characteristics of good health and how to stay physically, emotionally and mentally healthy.

Pupils should explore opportunities for purposeful leisure time activities.

Pupils should understand basic first-aid and methods of dealing with physical injuries

Sex & Relationships

Pupils should understand that relationships affect everything we do in our lives and have to be learnt and practised.

Pupils explore the issue of first sex and discuss how you know when you are ready for sex

Pupils should understand the different methods of contraception

Pupils should be able to understand and identify the different types and consequences of Sexually Transmitted Infections

Pupils should gain an understanding of the societal and cultural pressures facing young people today, including FGM.

Careers education

Year 9 pupils are introduced to the GCSE options programme carousel on Religious Studies, Business Studies and Sports Theory in GCSE Physical Education

Pupils should receive advice on future careers patterns in the UK

Pupils should identify the main qualities and skills needed to enter and thrive in the working world

Citizenship

Pupils should understand and accept the Acceptable Use Policy for ICT within the school

Pupils should understand that individuals, organisations and governments have responsibilities to ensure that rights are balanced, supported and protected

Pupils explore a number Human Rights issues based upon the work of Amnesty International

Year 8

Study Skills

Pupils should reflect on and evaluate their achievements and strengths in different areas of their lives.
Pupils should understand that identity is affected by a range of factors, including positive self-esteem.
Pupils should be involved in making a presentation
Pupils should be aware of a wide range of Revision Techniques and the most appropriate methods for their own personalised learning
Pupils should assess and examine the best ways of presenting your work in a variety of subjects and formats
Pupils should gain an understanding of how they learn and their own individual preferred learning styles.

Health & Drugs Issues

Pupils should understand the characteristics of good health and how to stay physically, emotionally and mentally healthy.
Pupils should understand the causes and effects of Alcoholism
Pupils should understand the causes and effects of Solvent Abuse

Sex & Relationships

Pupils should be able to demonstrate effective ways of resisting negative pressure, including peer pressure
Pupils should recognise strong emotions and identify ways of managing these positively.
Pupils should understand and discuss the issue of gender discrimination in the UK, understanding that all forms of prejudice and discrimination must be challenged in our lives.
Pupils should understand the impact that testosterone and Oestrogen has on development – link HPV Vaccine
Pupils should understand the importance of positive relationships and their impact on their lives and wellbeing.

Careers education

Pupils should be involved in individual Target Setting and reflect on their learning in reviewing their progress
Pupils look at future career choices

Citizenship

In addressing issues of E:Safety, pupils should accept and understand the Acceptable Use Policy for ICT
Pupils should study the causes and issues of racism in the UK and challenge prejudice and discrimination.
Pupils should study the causes and issues of Homelessness in the UK
Pupils should examine the benefits of hosting the London Olympics 2012 and explore issues to develop their understanding of the significance of the event.
Pupils should explore and discuss current affairs issues relating to topical news stories.
They should engage with and reflect on different ideas, opinions, beliefs and values when exploring topical and controversial issues and problems
Pupils should understand that individuals, organisations and governments have responsibilities to ensure that rights are balanced, supported and protected
Pupils explore a number Human Rights issues based upon the work of Amnesty International
Pupils should explore a variety of charities and their role in society.
Pupils should be aware of the process of radicalisation

Year 8 Programme of Study

PSHEE Booklet worked through with the Form Tutor and timetabled assemblies

Gender Discrimination
Homelessness

The Glass Ceiling
What is 'The Big Issue'
Research a variety of international and local charities
Via ICT lessons

E-Safety

Study Skills

Presenting your work
How I learn
Building Self-esteem
Making a Presentation

Compare the Notes
Study Habits
Self-esteem exercise
Making a Presentation: Sport, Leisure & Receptions

Drugs Issues

Alcohol Issues

Too much too young
Introduction to Drugs Issues

Alcohol the facts: True or false
Alcohol Dominoes
Getting drunk: Is it worth it? (Powerpoint)
The effects of drugs & Signs of Solvent Abuse
Look Out (Solvent Abuse worksheet)
The Loaded Gun

Sex & Relationships

Internet safety, sexting, safe relationships on the internet
Peer Pressure
Gender stereotyping – The Glass Ceiling
HPV vaccine

Careers education

Fast Tomato

Life Skills

Charities
Current Affairs
Racism

Skills assessment & Life skills activities

Giving to Charity: Which one?
Topical discussions on news articles and stories
Young Film Makers Project
The Attack!
My Country: Land of soaps and Lowry
How can we improve race relations?
Radicalisation book
Child Protection

Radicalisation
Human Rights

Year 7

PSHEE Booklet worked through with the Form Tutor and timetabled assemblies

Study Skills

Pupils should reflect on and evaluate their achievements and strengths in different areas of their lives.

Health & Drugs Issues

Pupils should understand the effects of Smoking (Year 7)

Pupils should understand the importance and meaning of a healthy diet

Sex & Relationships

Young people should experience working together to solve problems and complete tasks. This should include an understanding of the different roles in working as a successful team.

Pupils should understand the facts of puberty (BIOLOGY YEAR 7)

Pupils should gain an understanding of the value of positive friendships and their own contribution as a friend towards others

Pupils should understand the school's anti-bullying policies and the effects of bullying behaviour on others.

Careers education

Pupils should be involved in individual Target Setting and reflect on their learning in reviewing their progress

Look at different revision techniques to improve their study skills

Pupils should look at careers in society

Citizenship

Pupils should understand and accept the School Code of Conduct and Charter for Learning

Pupils should develop the confidence to try new ideas and face challenges safely, individually and in groups.

Pupils should understand and accept the Acceptable Use Policy for ICT within the school

Pupils should explore issues relating to disability and adopt positive approaches to access, equality and understanding

Pupils should be encouraged to consider the benefits of contributing to charitable organisations

Pupils look at British values in the community; the School rules, rewards and sanctions systems, locally and on a National Level.

Pupils review what is crime and human rights

Health & Safety

Pupils acquire knowledge on E-Safety

Young people study the effects of social media

Road Safety: Driving

Young people should look at road safety issues as they affect young people in the UK today.

Year 7 Programme of Study

Working Together
Thinking Skills
Bullying
E-Safety

Getting to know you
Problem solving activities
Bullying poems
During ICT lessons, Top Tips for Using Social Media

Study Skills

Revision Techniques
Presenting your work
How I learn

Developing Memory & Revision Techniques
Compare the Notes
Study Habits

Communication Skills
Puberty and Reproduction

Team Building Exercises
KS3 National Curriculum program of Study in Biology

Careers education

Target Setting
Reviewing your progress

Setting Targets: Planning My Future
Self-assessment

Citizenship

Disabilities

Case studies
Disabled Access Survey

Smoking Issues

Quit (DVD)
Smoking Health issues

Health & Safety

Healthy Diet
How healthy is your diet
Understanding Healthy Eating
Life on line

Lifestyles Activity
Feed your body and your brain.
Healthy Diet

Citizenship

Giving to Charity

Racism

Young Film Makers Project

The Attack

British Values

My Country: Land of soaps and Lowry

How can we improve race relations?

Media Studies

Newspaper comparison

Finding the truth

Current Affairs

Government & Politics

Parliament online - Click on Parliament

Prime Minister for a day

Human Rights

Our world, our responsibility

Human Rights Exercise: Right up your street

Community Needs

Global Concerns

Refugees: Who would you let in?

State of Democracy; Peaceful Places

Prep School – P.S.H.E. Programme

- The Go Givers and Newsround websites will be used to support the teaching of P.S.H.E.
- All Prep School pupils are taught an understanding of Sex and Relationships issues based upon the NSPCC P.A.N.T.S programme.
- All Prep School pupils will undertake additional studies as part of National Anti-Bullying Week

Year 6

New beginnings

The new school year (extension of transition activities)

Making someone welcome –eg; read story on pg 6 and follow with activity suggestion

Doing something brave- role play about overcoming nerves

Doing something brave- tips for others about overcoming nerves

Solving a problem –how can we help a new child who doesn't speak English?

Calming down – firework pictures – colours and textures represent how we feel when we lose our temper

Going for Goals

Responsibility for learning –(pg 5/10)

Skills for learning –(pg 5)

Persistence – setting challenges for others

Working together

Coping with disappointment

Getting on and Falling Out

Working co-operatively thunderstorm (resource file)

Working co-operatively – build a tower with newspapers (to hold a packet of sweets)

Being a good friend - friendship recipe (resource file)

Being a good friend - design a friendship quiz

Keeping calm– Letter to Majid (Role play – resource file)

Problem solving –Class discussion- problems/problem solving

Say No to Bullying

What is bullying? (use discussion on pg 33)

Cyber bullying – what is it? (discussion)

Presentations about bullying (powerpoint/role play etc)

How others set/achieve goals (mix n match pg 19)

Relationships

Healthy eating

Cyber bullying

Internet safety

Human rights

Alcohol

Year 5

New beginnings

The new school year (extension of transition activities)

Making someone welcome –eg; circle time, I find it easy to learn when....I find it harder to learn when.....Something I really enjoy in school is.....Something I have learned by myself is.....I helped someone in my class when I

Doing something brave – understanding our rights and responsibilities in school (discussion)

Doing something brave – understanding our rights and responsibilities in school (make a poster)

Solving a problem – what problems have we had/overcome?

Losing Control– firework pictures – colours and textures represent how we feel when we lose our temper

Getting on and Falling Out

Working co-operatively build a tower with newspapers (to hold a packet of sweets)

Working co-operatively –thunderstorm (resource file)

Being a good friend – concentric circles of friendship (resource file)

Being a good friend - design a friendship token and give to someone in class

Keeping calm – Letter to Ellie (Role play – resource file)

Problem solving – (problem page – resource file)

Say No to Bullying

What is bullying? (use discussion on pg 4)

Who is the bully? (pg 15 in file)

Make a leaflet about bullying

Quiz- is it bullying (pg 32)

Cyber bullying – what is it? (discussion)

Cyber bullying – role play

Going for Goals

Responsibility for learning –(pg 5/10)

Persistence – setting challenges for ourselves

Skills for learning –(pg 5)

Coping with disappointment

Working together

How others set/achieve goals (pg 12/18)

Relationships

I felt embarrassed when Iand I felt

When I make a mistake I feel

Discussion - How do we make someone else feel good

How do we make someone else feel good (role play)

Embarrassed! – use scenarios and blushometer (pg13)

Helping others –(pg 25/32&33)

Year 4

New beginnings

The new school year (extension of transition activities)

Making someone welcome –eg; what gifts/talents do we have – brainstorm and make a class list

Doing something brave – rules – list 3 things we do in our class

Being brave – role play/improvisation

Solving a problem - make a class charter of rules and expectations

Favourite things – groups I belong to

Getting on and Falling Out

Working co-operatively – tangled web game

Working co-operatively – co-operation jigsaws

Being a good friend – role play activity (resource file)

Being a good friend - design a friendship token and give to someone in class

Keeping calm – class bar chart – what makes us angry?

Problem solving – how do we solve problems (class poster)

Say No to Bullying

Discussion – using Sarah Jayne poem (resource file)

To know right from wrong – class charter

How our actions affect others – make an anti bullying poster

To recognise/challenge stereotypes (1) – class discussion (using cards from file)

Cyber bullying – what is it? (discussion)

Cyber bullying – conscience alley

Going for Goals

How am I clever? (pg 5/12)

Individual goals/targets (pg 8)

Class goal (pg 6)

Take responsibility – lucky dip (pg 15)

Brave or unwise (pg 10/16)

Discussion – other people's feelings

Relationships

Who do I have relationships with? (Spider's web)

Discussion – about doing something cruel/unkind

Being pleased for someone else

Feelings of guilt – (pg16-18)

Telling the truth (pic 3 – pg 8/12/15)

Helping someone who is feeling sad or lonely (pg 28)

Year 3

New beginnings

The new school year (extension of transition activities)

Making someone welcome – eg; find things out about each other; favourite food/pet/TV programme etc

Doing something brave – rules – why do we have them (discussion)

Doing something brave (cont)– rules – why do we have them (poster)

Solving a problem – feelings story/activity pg 10/19/20 in file

Favourite things –complete favourites wheel pg 32

Getting on and Falling Out

Working co-operatively – co-operation jigsaws

Working co-operatively – tangled web game

Being a good friend – design a friendship wall/bricks for display

Being a good friend – role play activity (resource file)

Keeping calm - firework pictures – colours and textures represent how we feel when we lose Our temper/calm down

Problem solving – sharing experiences

Say No to Bullying

Thought Shower – draw out key features of bullying

To know right from wrong – freeze frames

How our actions affect others – recreate the good Samaritan through Drama

To recognise/challenge stereotypes

Cyber bullying – what is it? (discussion)

Cyber bullying – role play

Going for Goals

Circle games and rounds (pg 5)

Class goal (pg 6)

What are your targets? (school or other)

What are your targets? complete target sheet

Take responsibility – lucky dip (pg 15)

Discussion – other people's feelings

Relationships

Who do I have relationships with? (Spider's web)

Feelings of guilt – (pg16-18)

Being pleased for someone else

Discussion – about doing something cruel/unkind

Telling the truth (pic 2 – pg 8/12/14)

Helping someone who is feeling sad or lonely (pg 25 – 27)

Pre Prep School PSHEE Programme

Assembly Timetable:

Monday - Hymn Practice (Rec-Yr2)

Tuesday - Morals (KG-Yr2)

Wednesday – Bible Stories Morals (Yr1-2)

Thursday - Golden Rules (KG-Yr2)

Friday - Special Effort Assembly (All)

Every day we have an assembly, during this special time children are invited to bring certificates in from home or those acquired during extra-curricular activities within school to celebrate with the department. **PHSE** and **Citizenship** are primarily taught to our pupils within our assemblies every week, elements are visited throughout the curriculum and reinforced throughout school life.

Every Friday one child from each form is presented with a 'special effort' certificate by Mrs Robinson. During assembly we also acknowledge all birthdays, when the children will be presented with a card, a much sought after sticker and the whole department sing our own special birthday song.

We work hard to provide the children with an exciting, colourful learning environment that can inspire, support and cater for the individual thus hoping to succeed in the development of a well balanced child.

Children are taught to have care, respect and tolerance for each other. Each individual child is valued for themselves.

YEAR 2: Religious Education & PSHEE

Autumn Term

Festivals celebrated by different religions:

Christian - Harvest

Hindu - Diwali

Jewish - Hannukah

Christian - Christmas

Spring Term

What is Shrove Tuesday – Pancakes!

What is Ash Wednesday

Lent

Easter

St Valentine

Patron Saints Days

St Patrick, St Andrew, St David

Mothering Sunday

The first Easter & Palm Sunday

Compare Christian/Hindu story of creation

Summer Term

Patron Saints Day - St George

Joseph and his coat of many colours

September 2016